

## ABSTRACT OF THE DISCLOSURE

Disclosed herein is a refrigerator that is capable of rapidly handling a load in a freezing chamber of the refrigerator or a refrigerating chamber of the refrigerator, and preventing stored goods in a rapid cooling chamber from being excessively cooled. The present invention also provides a method of controlling such a refrigerator. The refrigerator comprises a rapid cooling chamber mounted in at least one of the freezing and refrigerating chambers, a rapid cooling channel having one end communicating with an entering channel of the refrigerating chamber and the other end communicating with the rapid cooling chamber, and a damper for controlling the flow of cool air passing through the entering channel of the refrigerating chamber and the rapid cooling channel. The damper is controlled on the basis of the load in the freezing or refrigerating chamber and a load in the rapid cooling chamber.